

Human Body

There are some interesting things about human body in general. But, there may be variations due to factors such as age, gender, health and environment.

1. HEART

Your heart pumps about 7500 litres of blood around your body everyday.

2. KIDNEY

Your kidney filters about 1.3 litres of blood every minute.

3. BLINKING

You blink about 14,400 times in the waking 16 hours of day.

4. HAIR

Hair grows about a quarter of an inch per month. You lose about 100 hair daily.

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Food Item

Potato	Lemon	Wheat	Rice	Cheese	Corn
Sugar	Fish	Cream	Nuts	Meat	Honey
			Butter	Mushroom	Eggs

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5. SNEEZING

When you sneeze, air travels at the speed of 160 kilometres per hour, as fast as an express train.

6. NOSE

The human nose can detect billions of scents.

7. BRAIN

About 5 litres of blood shoots through your brain every minute.

8. FINGER NAIL

Your finger nails grow 3mm in a month - four times faster than your toe nails.

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